

Visiting Angels serving Whatcom, Skagit, Island, San Juan and Snohomish Counties

Special Interest
Articles:

•ResponseLink

- A letter from
Fred and
Debbie

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Disaster Preparation

401 K

Coupon

Case Mgr Assistants

Extra Christmas Money For You!
ResponseLINK
Enhancing Your Safety—Ensuring Your Independence

We are excited about keeping our care recipients **SAFE & INDEPENDENT!** That's why we partner with **ResponseLink**, the most advanced personal emergency response and safety system available today.

ResponseLink is similar to Lifeline but offers much, much more at the same or less cost. To make it even more appealing, Judy Mallory, **ResponseLink's** Director of Client Services

is offering all new clients

FREE INSTALLATION
(A \$50 VALUE)
FREE TRIAL OF THE
FALL DETECTOR

So Judy thought this might be a great opportunity to get the word out and give our caregivers (**the best!**) a chance to earn some **extra Christmas money.**

Here is the deal. For every person you refer and who signs up with, you receive

\$10 from **ResponseLink.** It may be a friend or acquaintance of yours that needs this peace of mind. If you know someone, call Judy at 360 303-2292 and let her know.

Judy is offering this winter special through December, 2005.

Help a friend, earn some extra money and have fun shopping!

A Letter from Fred and Debbie Bengen



Dear Angels,

Over the past month we have been deeply saddened by the aftermath of Hurricane Katrina and Rita. Our thoughts and prayers go out to the thousands of people who lost their lives or have been evacuated (sometimes multiple

times!)

As we announced in September, we are ready to match donations to World Vision. There is a form enclosed for you to make a donation if you can. Together, we do make a difference.

As we've reflected about potential disasters that could strike us here in the Northwest corner of Washington, we turned to the American Red Cross website to guide us in how to be prepared. On page 2 you'll find a brief

summary of what we learned.

We encourage you to log onto this website and begin a plan to keep your family safe in case of an emergency.

We are very excited to announce Visiting Angels' 401K Retirement Plan! You'll see more on the next page. We encourage you to participate and prepare for retirement.

Thank you for all you do to provide excellent care for our clients!

Sincerely,

Fred and
Debbie



Do you have any great information for the newsletter? Please call your case manager."

Red Cross Advice on Preparing for Disaster

The American Red Cross website www.redcross.org provides a variety of resources to help prepare for a wide range of disasters including how to make a disaster plan and bring in disaster supplies.

Some of the supplies recommended include:

Water

One gallon of water per person per day stored in plastic containers.

Food

Store at least a 3 day supply of non-perishable food. Select foods that require no refrigeration, preparation or cooking and little or no water.

First Aid Kit

Non-Prescription Drugs

Tools and Supplies

Mess kits or paper

cups, plates and plastic utensils

Battery operated radio and extra batteries

Flashlight and extra batteries

Cash or traveler's checks; change

Non-electric can opener, utility knife

Sanitation

Toilet paper, towlettes,

Soap, liquid detergent

Feminine supplies

Personal hygiene items

Clothing and Bedding

Sturdy shoes or boots

Rain gear

Blankets or sleeping bag

At least one complete change of clothing for each family member

Important Family Documents

Keep In a waterproof, portable container:

Will, insurance policies, contracts, deeds, stocks & bonds

Passports, social security cards, immunization records

Bank account numbers

Credit card account numbers and companies

Inventory of household goods, important phone numbers

Family records (birth, death, marriage)

Store your kit in a convenient place known to all family members,

Keep a smaller version of the supplies kit in the trunk of your car.

From "Preparing for Disaster." Developed by the American Red Cross and the Department of Homeland Security, Federal and Emergency Management Agency

This coupon valid for up to \$50



We're in need of 24 live-in caregivers!

If your referral is hired and works 10 live-in shifts, we'll pay you \$25. If they work another 10 shifts, we'll pay you another \$25.

After they work the required number of live-in shifts, have them turn in the coupon to the local visiting Angel office.

Then we'll send you a check!

Print you name below

401K Retirement Plan

Visiting Angels is very excited to announce the start of a 401K Retirement Plan.

Visiting Angels will match 4% of annual wages.

To be eligible the employee must be 21 years old, have worked for Visiting Angels for 1 year and have worked 1,000 hours during the year.

The participants are immediately 100% vested for their participation as well as Visiting Angels' matching dollars.

The deadline to participate in 2005 is 11/1/05.

If you have questions, please call Joan in Visiting Angels' accounting at 360 671 8388 or 866 522 6435.

Case Manager Assistants

Please join us in welcoming Jamie Haddock to our Bellingham office. Jamie, as well as Jane in our Everett office, are Case Manager Assistants.

You'll be hearing from both Jamie and Jane who are assisting the Case Managers to confirm schedules, help with finding caregivers when there are open schedules, and a wide variety of other duties.

If you have questions about a case and the Case Manager is not available, you can always talk with Jamie or Jane!

The next time you're in the Bellingham or Everett office stop by to meet both Jamie and Jane.